

Check if you have 77 Fund Service	PLEASE PRINT
APPLICANT'S NAME:	
DEPARTMENT APPLYING TO:	

APPLICATION FOR MEMBERSHIP IN THE 1977 POLICE OFFICERS' AND FIREFIGHTERS' PENSION AND DISABILITY FUND

# APPLICATION CHECKLIST

These items must be completed before any individual can become a member of the 1977 Fund:

- Aptitude test has been administered and passed (Local option for police officers).
- Agility test has been administered and passed.
- Conditional offer is extended and statement of understanding and authorization for release of medical information have been signed.
- Pension secretary has certified that the candidate passed the physical agility exam.
- 5. The comprehensive medical history has been completed and the baseline statewide examination has been administered.
- 6. The baseline statewide examination (physical and mental) forms have been signed by a licensed physician indicating that the baseline statewide medical and any additional local standards have been met (Mental exam must be interpreted by a licensed physician or PhD-trained psychologist).
- 7. The appropriate specialist reports, if any, are identified and included in the application package.
- A local pension board member, the pension secretary and the appointing authority have signed the certification forms indicating the baseline and any local standards have been met.
- 9. The examination form, all medical testing results and certification of successful completion of the physical agility, mental and medical examinations must be forwarded to PERF. PERF must approve or disapprove the application with respect to the baseline physical standards. PERF also determines if the applicant has any Class 3 excludable conditions.
- 10. PERF either approves or disapproves the application and issues the appropriate notifying letter. If the application is approved, the approval letter will also specify whether the applicant has any Class 3 excludable conditions.
- 11. If the applicant is approved by PERF, an unconditional offer of employment is made and the effect of any Class 3 exclusions is explained.
- 12. If the applicant is approved, the approval letter sent out by PERF must have the hire date filled in and must be returned to PERF along with the member record (blue for police/pink for fire).
- 13. If the applicant is not approved, the Indiana Administration Adjudication Act appeal process may be used to challenge the disapproval. The appeal process may also be used with respect to the determination that a Class 3 excludable condition exists.

# CONDITIONAL OFFER OF EMPLOYMENT STATEMENT OF UNDERSTANDING

NAME	First	Middle )
( Last		
is applying for the position of $\underline{\ }$	(Police Officer or Firefigh	with
	(Police Officer of Fireings	nter)
the(City/Town)		
(City/Town)		
	(Candidate's Address)	
I,(Name of Can	, a candidate for a	(Name of Position)
Ç		
position on the	or Fire) department, have	e received a conditional offer
(Folice	of rue)	
of employment for that position	n.	
requirements, the offer of emp	on requirements. If I do not pass loyment will be withdrawn.	
or conditions may be identified prevent me from receiving four years and will disques 1977 Police Officers' and my employment if the distortion or condition (s). I have read the lists of diseases a stand the effect that 35 I	t, as a result of tests and examinatified. These diseases or conditing certain Class 3 impairment be alify me from receiving disability d Firefighters' Pension and Disastability is related in any way to the eviewed PERF Board rules 35 I and conditions set forth herein. AC 2-9 and 35 IAC 2-10 may be fund and also on my ability to quantified.	tions, if identified, will enefits for a period of y benefits from the bility Fund throughout the identified disease(s) AC 2-9 and 35 IAC 2-10 I affirm that I under- have on my eligibility
DATE	CANDIDATE'S	SIGNATURE

# AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION (This information is for Official and Medically-Confidential Use Only and Will Not be Released to Unauthorized Persons)

NAME			, is applying for the
(Last	First		Middle)
position of	F: 0.1>	_ with the _	(C) T D
(Police Officer of	r Firefighter)		(City/Town Department)
	(Cano	lidate's Address)	
	CANDIDATE		LSO AWARE THAT THIS AUTHORIZA-
FOR A POSITION WITHIN THE DEP			S SUBJECT TO REVOCATION AT ANY
AGREE TO ASSIST AND COOPERA			XCEPT TO THE EXTENT A PERSON OR
DEPARTMENT, THE ADMINISTRAT			UTION HAS ALREADY LEGALLY ACTED
1977 POLICE OFFICERS' AND FIREF			ANCE ON THIS AUTHORIZATION. IF
PENSION AND DISABILITY FUND (			REVIOUSLY REVOKED, THIS AUTHORI-
AND ANY REPRESENTATIVE THER OBTAINING THE FOLLOWING PER			WILL EXPIRE ON THE EARLIER OF: THE
INFORMATION:	SONAL		AM EXTENDED AN UNCONDITIONAL
INFORMATION:			OF EMPLOYMENT TO BECOME A MEM-
ALL WRITTEN OR PRINTED			THE DEPARTMENT; OR THE DATE I AM
INFORMATION CONCERNING	2		ALLY ADVISED THAT I AM INELIGIBLE
ANY DIAGNOSIS, TREATMEN		FOR ME	MBERSHIP IN THE 1977 FUND.
OR PROGNOSIS REGARDING	1,	LIDIDE	DOTAND THE THE INTODUCE THOSE
MY PHYSICAL OR MENTAL			RSTAND THAT THIS INFORMATION IS
HEALTH; INCLUDING, BUT			RED TO COMPLETE MY APPLICATION
NOT LIMITED TO, ALL MENTA	ΔĬ		OME EMPLOYED AS A MEMBER OF THE
AND PHYSICAL HEALTH	YL.		TMENT AND THAT MISREPRESENTA-
RECORDS AND ALCOHOL AN	ID		ALSIFICATION OF INFORMATION, OR E TO ASSIST AND COOPERATE WITH
DRUG ABUSE RECORDS.			PARTMENT OR THE ADMINISTRA-
, , , , , , , , , , , , , , , , , , ,			FARTMENT OR THE ADMINISTRA-
I HEREBY AUTHORIZE AND REQUE	ST ALL		STED INFORMATION WILL BE CONSID-
PERSONS TO WHOM THIS REQUES			AUSE FOR DISQUALIFICATION FROM
original) IS PRESENTED, HAVING IN		CONSI	DERATION.
TION RELATING TO OR CONCERN		CONSIL	DERATION.
FURNISH THE ABOVE DESCRIBED		FIRTH	ER, I AUTHORIZE INVESTIGATION OF
TION TO ANY DULY APPOINTED A			ATEMENTS CONTAINED IN THIS
TRATOR OR REPRESENTATIVE OF			UNDERSTAND THAT OMISSION OF
FUND AND ANY OFFICER OR INDIV			CALLED FOR IN THIS APPLICATION
THE DEPARTMENT. I FURTHER AU			S ALSO CAUSE FOR DISQUALIFICA-
THE DEPARTMENT, OR THE ADMIR			ROM FURTHER CONSIDERATION.
TORS OF THE 1977 FUND TO RELEA		1101111	CONTROLLING CONTROLLING THE TEXT
INFORMATION, AS WELL AS THE R	RESULTS OF	IHAVE	READ THE ABOVE, UNDERSTAND IT,
ANY PHYSICAL EXAMINATIONS PE	ERFORMED		RTIFY THAT I WILL FULLY AND
IN CONNECTION WITH THIS FORM	1, TO THE		FULLY ANSWER ALL QUESTIONS TO
APPROPRIATE LOCAL PENSION BO	ARD.		ST OF MY KNOWLEDGE.
I AM AWARE THAT THE DIE	DDA (ATION)		
I AM AWARE THAT THIS INFO		DATED	THIS DAY OF, 19
MAY BE OF A PERSONAL NATURE.			
OTHERWISE BE PROTECTED BY MY TUTIONAL, STATUTORY, OR COM		CANIDID	A TEN OF OF THE PER
		CANDIL	DATE'S SIGNATURE
PRIVILEGES. I UNDERSTAND THAT TION RELEASED AND COMPILED P			
TO THIS AUTHORIZATION SHALL		CANDII	DATE'S SOCIAL SECURITY NUMBER
TREATED IN A CONFIDENTIAL MA		CANDIL	ATTES SOCIAL SECONTT NOMBER
THEREFORE, I EXPRESSLY WAIVE A			
LEGES WHICH MAY ATTACH TO S		NOTAR	Y SEAL
CLOSURE AND SHALL HOLD NO IN		OL IBOOR	IDED AND CWODAL PEROPE LIPETING
ORGANIZATION(S), OR CORPORA	,		LIBED AND SWORN BEFORE ME THIS
LIABLE FOR LEGAL ACTIONS FOR I			DAY OF , 19
ANY OF THE INFORMATION HEREI		NOTAR	Y PUBLIC
DEPARTMENT, A 1977 FUND REPRE		MY COM	MMISSION EXPIRES, 19

COUNTY OF RESIDENCE \_\_\_\_\_

OR A LOCAL PENSION BOARD.

# This information is designed to help physicians complete the following forms. The medical conditions outlined in these forms may impact on an individual's ability to perform the essential functions of the job for a first class police officer or firefighter. The application of these guidelines requires a careful consideration of the job duties of a police officer or firefighter and the medical conditions that might affect a person's capability to conduct those duties.

Firefighting and emergency response are very difficult jobs. People in these jobs must perform functions that are physically and psychologically demanding. These functions must often be performed under very difficult conditions. Studies have shown that firefighting and police functions at times require working at near maximal heart rates for prolonged periods of time. Heavy protective equipment (including respirators) and the heat from fire also contribute to the physical load that firefighters must endure.

The available health data on firefighters and police officers is limited. Given the delay between exposure and onset of many occupational illnesses (i.e., latency), current or past health studies of firefighters and police officers may not reflect future health risks. However, it appears that firefighters and police officers have increased risk for injuries, pulmonary disease, cardiovascular disease, cancer, and noise-induced hearing loss. The increased risk for injuries is expected given the demands and circumstances for this work.

#### **BASIC ESSENTIAL JOB FUNCTIONS**

#### I. BASIC ESSENTIAL FUNCTIONS FOR POLICE OFFICERS

Patrol assigned area on foot or drive a vehicle searching for suspicious activity or situations, or checking for persons in need of service.

Monitor radio and other communication devices to receive assigned runs and to maintain awareness of activities in assigned areas or by other officers.

Assist citizens with problems such as lost children, injured persons, animal bites, civil disputes, locked doors, vehicle inspection and verifications, or abandoned vehicles.

Refer persons to appropriate social service agencies when situation warrants.

Respond to assigned run by driving, walking, or running to specified location, assess situation, determine need for other assistance, and take appropriate action.

Move people away from danger, including carrying unconscious people and providing emergency aid to injured people.

Investigate accidents, extract victims, provide emergency aid, gather evidence, record observations and statements of witnesses and victims, request assistance from other officers or agencies as needed, direct the removal of the vehicles involved, and ensure an area is clear.

Search crime scenes, take prescribed actions to preserve and protect evidence, and record findings and observations.

Interview victims, suspects, and witnesses, and record responses and observations.

Pursue, apprehend, search, and arrest suspects using only necessary force, advise suspects of rights, and transport suspect to detention area.

# GUIDELINES FOR PHYSICIANS

Using appropriate equipment and weapons, restrain people from physically striking or injuring others.

Drive a vehicle at high speed when situation warrants due to nature of emergency.

Stop drivers of vehicles when traffic violations are observed, verify license and registration data, advise driver of safe driving practices, and issue citations or make arrests as warranted.

Direct vehicular and pedestrian traffic when congestion occurs or as directed.

Report as directed to scenes of general emergencies and take appropriate action to protect life and property, such as directing traffic, quarantining an area, assisting individuals in leaving an area, preventing looting and requesting appropriate assistance.

Maintain visibility in the community by meeting and talking with citizens, provide information, visit local businesses, and make presentations to school, neighborhood and civic organizations.

Write reports and complete forms as required by operating procedure, and make oral reports to appropriate personnel.

Testify in court, prepare for such testimony by reviewing reports and notes, meet with attorneys and obtain appropriate evidence.

Participate in training on law enforcement procedures, including firearms, criminal justice, and court procedure, emergency medical aid and related subjects.

Maintain uniforms, equipment and weapons.

Maintain personal physical fitness.

Perform related duties as assigned.

## II. BASIC ESSENTIAL FUNCTIONS FOR FIREFIGHTERS

Respond to alarms by reporting to assigned vehicle, riding in or on assigned vehicle to the scene of the emergency or fire.

Lift, carry, drag, lay and connect hose lines from hydrants and equipment to scene. Carry resuscitators, tools and other equipment from vehicle to scene.

Raise and climb ladders, crawl and walk on roofs and floors, open holes and windows with axes, bars or hooks for access or ventilation.

Combat fires by holding nozzles and directing streams of fog, chemicals or water and move into fire area, including into confined spaces and up stairs.

Communicate by voice or radio with other firefighters and other emergency personnel to relay observations, equipment needs and other relevant information.

Move people away from danger, including carrying unconscious people or holding a life net.

Provide emergency medical treatment to injured people.

Remove objects from buildings, place protective covers over objects and monitor assigned areas for signs of recurrence.

Conduct fire drills, critique drill participants on emergency procedure and instruct groups on such procedures.

Participate in training on firefighting, emergency aid, emergency procedures and related subjects.

Maintain departmental equipment and structures, which includes cleaning and washing walls and floors, hanging and drying fire hose, cleaning equipment and performing preventative maintenance on motorized equipment.

Maintain personal physical fitness.

Perform related duties as assigned.

# ENVIRONMENTAL FACTORS THAT AFFECT JOB FUNCTIONS

#### I. ENVIRONMENTAL FACTORS FOR POLICE OFFICERS

The essential job functions for a police officer are performed in and affected by the following environmental factors. An officer must:

- (1) Operate both as a member of a team and independently at incidents of uncertain duration.
- (2) Face exposure to infectious agents such as hepatitis B or HIV.
- (3) Perform complex tasks during life-threatening emergencies.
- (4) Work for long periods of time, requiring sustained physical activity and intense concentration.
- (5) Face life or death decisions during emergency conditions.
- (6) Tolerate exposure to grotesque sights and smells associated with major trauma.
- (7) Make rapid transitions from rest to near maximal exertion without warm-up periods.
- (8) Use firearms, self-defense equipment and body armor.
- (9) Be able to physically protect him/herself.
- (10) Be able to communicate with people effectively.

#### II. ENVIRONMENTAL FACTORS FOR FIREFIGHTERS

The essential job functions for a firefighter are performed in and affected by the following environmental factors. A firefighter must:

- (1) Operate both as a member of a team and independently at incidents of uncertain duration.
- (2) Spend extensive time outside exposed to the elements.
- (3) Experience frequent transition from hot to cold and from humid to dry atmospheres.
- (4) Tolerate extreme fluctuations in temperature and perform physically demanding work in hot (up to 400° F), humid (up to 100%)

- atmospheres while wearing equipment that significantly impairs body cooling mechanisms.
- (5) Work in wet, icy, or muddy areas.
- (6) Perform a variety of tasks on slippery, hazardous surfaces such as on roof tops or from ladders.
- (7) Work in areas where sustaining traumatic or thermal injury is possible.
- (8) Face exposure to carcinogenic dusts such as asbestos, toxic substances such as hydrogen cyanide, acids, carbon monoxide, or organic solvents either through inhalation or skin contact.
- (9) Face exposure to infectious agents such as hepatitis B or HIV.
- (10) Perform complex tasks during life-threatening emergencies.
- (11) Work for long periods of time, requiring sustained physical activity and intense concentration.
- (12) Face life or death decisions during emergency conditions.
- (13) Tolerate exposure to grotesque sights and smells associated with major trauma and burn victims.
- (14) Make rapid transitions from rest to near maximal exertion without warm-up periods.
- (15) Operate in environments of high noise, poor visibility, limited mobility, at heights, and in enclosed or confined spaces.
- (16) Use manual or power tools in the performance of duties.
- (17) Rely on senses of sight, hearing, smell, and touch to help determine the nature of the emergency, maintain personal safety, and make critical decisions in confused, chaotic, and potentially life threatening environments.
- (18) Wear personal protective equipment that weighs approximately 50 pounds while performing the essential functions of their job.
- (19) Perform physically demanding work while wearing positive pressure breathing equipment with 1.5 inches water column resistance to exhalation at a flow of 40 liters per minute.
- (20) Be able to communicate with people effectively.

# COMPREHENSIVE MEDICAL HISTORY

Candidate's Name									
Age Birth Date	:		Sex: N	M F Home P	hone	Business Ph	one _		
Occupation				E	mployer _				
What is your present hea	dth? Good	d		Fair	F	200r			
Are you having pain or o	liscomfort at this	time?	No	Yes					
A. (1) FAMILY HIST	ORY OF APPI	ICAN	T	22					
Relation	Age		Sta	ite of Health		If Dead, Cause of Death	L		Age at Death
Father									
Mother									
Brothers									
and									
Sisters									
Spouse									
Children				-					
		-							
						L			
Has Any Blood Relatio	n (Grandparent,								
(Check each Item)		Yes	No	Relationship		Check each Item)	Yes	No	Relationship
Had Tuberculosis	DI ID I	-				ad Stomach or Intestine Trouble			
Had Hypertension (High	n Blood Pressure)	-				ad Rheumatism (Arthritis)			
Had Diabetes Had Kidney Trouble		-				ad Asthma ad Epilepsy (Seizures)			
Had Heart Trouble		-				ad Cancer	-		
Had a Stroke						ad Mental Illness			
Had Muscular Disease					1				
Please explain any "Ye	s" answers below								

# COMPREHENSIVE MEDICAL HISTORY—Continued

A. (2) PERSO	NAL HISTORY OF APPLICANT (Pass	Medical History)	
Did you have as	ny unusual, complicated, or prolonged child	hood illnesses? If so, please explain.	
	•		
	s (For Non-Surgical Reasons)		
Year	Nature of Problem	Physician (Name & City)	Describe any Long Lasting or Residual Effec
			<del>- </del>
Operations /Sur	rgeries		
Year	Type of Surgery	Hospital	Surgeon (Name & City)
	/Accidents (No Hospitalization Required)	No. 1 Contract of the contract	
Year	Nature of Injuries	Physician (Name & City)	Describe any Long Lasting or Residual Effects

# COMPREHENSIVE MEDICAL HISTORY—Continued

filitary Service:		Dates	Branch of Service:	Any duty	outside of the U.S.?
	-				
ny serious illnesses or i	injuries sustaine	d while in Military S	ervice should be listed on page 10.		
llergies — List any me	dications to whi	ch you are allergic o	r which you do not tolerate well:		
ist any non-medication	allergies or sen	sitivities:			
1edications — List belo	ow any and all m	nedications that you	are currently taking or that you take on a =	gular basis:	
Medications	Dosage		Reason for Medication		Prescribing Physici
ersonal Physician(s):	Name		Address		Phone Number
		<u> </u>			
		1	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	for place embria	
Are you presently under	a physician's ca	ire or the care of any	other health care provider for any reasom? I	i so, piease expiairi.	
Oo you have any impairme our ability to perform the elow:	ent, disabilities, fur essential function	nctional limitations, or s of the job for which y	restrictions on activities as a result of physic□, π ou are applying? The essential functions of t⊪e jo	nedical, or an emotion bb are listed on pages 5	al condition that may interfere through 7. If so, please expla

# COMPREHENSIVE MEDICAL HISTORY—CONTINUED

## TO BE COMPLETED BY CANDIDATE

#### A. (3) REVIEW OF SYSTEMS

GENERAL			SKIN		HEENT				
reel too hot or too cold remors or shaking of hands chills or night sweats resently following a specific diet in the past year, have had un- explained weight loss/gain requent or recurrent infections Any unexplained or significant bleeding Jise any type of braces, sup- ports, or other orthopedic derives that may affect your ability to perform the essential functions of the job for which you are applying? Any unexplained or		NO	Change in skin character or texture Unusual growth on skin Change in color or size of any mole Swelling or lump in neck, armpits, groin or breasts	YES M	Wear glasses or contacts Difficulty with vision not corrected by glasses/contacts Blurred vision Double vision Pain or inflammation in eyes Color blindness Decrease in hearing ability Frequent earaches or discharge from the ears Buzzing or ringing in the ear Sudden attacks of dizziness or fainting	5	Frequent or severe nosebleeds Nasal discharge Nasal obstruction Persistent change or loss in sense of smell or taste Gums bleed easily Persistent sore or rough places on lips or tongue Frequent or severe sore throats Hoarseness that lasted more than one week	YES	
RESPIRATORY requent colds Wheezing or whistling in the chest hronic cough iough up blood hort of breath walking at normal pace or level	YES	NO 	CARDIOVASCUM Chest pain Pressure or heaviness in chest Chest pain radiating to neck jaw or down either arm Irregular heartbeat (palpi- tation; heart flutter) when Ankles swell Sleep propped up in bed Pain in either leg on walking	YES NO	Get up at night to urinate Trouble starting or stopping your stream when you urinate Frequency, burning or pain	YES 1	 Now pregnant Lump in Breasts	YES	

# COMPREHENSIVE MEDICAL HISTORY—Continued

GASTROINTESTINAL	MUSCULOSKELETAL	NEUROLOGIC L	
YES   NO	YES   NO	KES NO	YES NO
Difficulty swallowing	Pain in muscles	Persistent numbness, tingling,	Seizures/convulsions ("fits,"
Frequent nausea or vomiting	Pain in joints	weakness or paralysis in any	"spells" or "falling out")
Stomach pain	Swelling of any joints	body part	Persistent drowsiness through
Excessive gas, belching or	Frequent backaches	Frequent headaches severe	the day
bloating .	Trequest buchasing	enough to limit activities	Become suddenly sleepy or
Intolerance of fatty foods	1	Sensation of dizziness	"sleep attacks" during the day
		Sensation of dightheadedness	Have episodes of sudden muscle
Recent change in bowel habits	HEMATOLOGICAL	or faintness	weakness during the day
Diarrhea lasting more than	YES  NO	Periods of unconsciousness	weakness during the day
one week		Periods of unconsciousness	1
Blood in bowel movement	Bruise easily	'	'
Black or tarry bowel movements	Bleed excessively after a cut		
Constipation	or dental procedure		
N			
	to the questions in above section A. (3).		
OTE: If you wear contacts, please ide	ntify below the type of contact you wear (	soft, hard) and now long you have worn co	ntacts.
Do you have the history of any other	significant physical condition, medical	problems, or emotion disorders other	than those listed above? If so, please
ist and fully explain.	significant physical condition, medical	problems, or emocionic apporació outer.	and those three decrees in early pro-
ist and rany explain			

#### COMPREHENSIVE MEDICAL HISTORY—Cantinued

#### TO BE COMPLETED BY CANDIDATE

#### A. (4) PERSONAL AND SOCIAL HISTORY ☐ Yes □ No 1. Have you ever smoked? If no, go on to question 3. Do you smoke now? ☐ Yes No 2. Fill in the appropriate columns if you've ever smoked. Amount Amount smoked when Total years you stopped smoking smoked at present you stopped Cigarettes (number/day) (pipefuls/day) Cigars (number/day) 3. How much of the following do you usually drink each day? Cups of coffee \_\_\_\_\_ Cups of tea \_\_\_\_ Soft drinks \_\_\_ 4. Have you ever drunk alcoholic beverages? Yes No If no, go on to question 9. Do you drink now? ☐ No 5. Fill in the appropriate columns if you have ever drunk alcoholic beverages. Amount Amount drunk when If stopped Total years drunk drinking at present you stopped -when Liquor (ounces/week) \_ (bottles/week) (glasses/week) \_ ☐ Yes ☐ No 6. Are you always able to stop drinking when you want to? ☐ Yes ☐ No 7. Has drinking ever created problems for you with your job, family, social life or other obligations? No 8. Have you ever gone to anyone for Yes help about your drinking? ☐ Yes ☐ No Do you or have you taken any illegal drugs? If yes, please explain.

<ol> <li>Do you or have yca ever used tobacco? If yes, p∃ase describ</li> </ol>	
11. Describe your pre-ious occup	pations?
	4
12. Have you ever h∃ any occu occupational exp=sure? If so	pational illness, injury or significant o, please explain.
	· · · · · · · · · · · · · · · · · · ·
I certify that I have	e reviewed the information and
answered the questions set fort	h in Sections A(1), A(2), A(3),
and A(4) of this application for	
truthfully and to the best of my	
,	
Date	Signature of Candidate
	Printed Name of Candidate

# COMPREHENSIVE MEDICAL HISTORY—CONTINUED

B. (1) GENERAL — Check appro	Normal	Abnormal	Number and Describe Abnormalities in Detail
General Appearance			
Skin			
Head and Neck			
Eyes			
Conjunctriva			
Pupils			
Fundi .			
Ear, Nose, Throat			
External Ear			
Tympanic Membrane			
Septum			
Teeth; Gums			
Throat; Tonsils, Tongue			
Trachea			
Lymph Nodes			
Thyroid			
Size			
Nodules		-	
Breasts			
Chest			
Contour			
Expansion			
Lungs			
Rales			
Rhonchi			
Wheeze			
Dullness			
Heart			
Rate			
Rhythm			
Inspection/Palpation			
Sounds			
Murmur			

# PHYSICAL EXAMINATION—Continued

B. (1) GENERAL —Continu	Normal	Abnormal	Number	and Desc	ribe Abnormali	ties in Det	ail	
Vessels					-			
Pulse								
Bruits								
Varicosities						-		
Abdomen								
Scars								
Tenderness								
Masses	-							
Hernia	-							
Genitalia								
Pelvic	-							
Prostate (If indicated)								
Rectum (If indicated)			,					
Spine								
Mobility								
Alignment								
Extremeties								
Joints ————————————————————————————————————								
Deformity								
Edema								
Neurological								
Gait								
Coordination								
Reflexes								
Sensory								
Cranial Nerves								
Other								
B. (2) TESTS —Each of the	following test	are to be ad	ministered	to the car	ndidate. Test r	esults shou	ld be recor	ded below or attached.
Vital Signs								
Blood Pressure	Pulse -		Respirati	ions ——	Heigh	nt (in.) ——		Weight (lbs.)
Visual Testing (using a Sneller	n chart or oth	er comparable	chart)					
		Dis	stant			<u>Near</u>		
Visual Acuity								
uncorrected	_		<u>/</u> _			/	/	
•	ri	ght le	eft b	ooth	right	left	both	
corrected		1	1	1	1	1	1	
content	ri	ght le	ft l	both	right	left	both	
Color Witter / - kilim			ow color \	□ V				
Color Vision (ability to Peripheral Vision (at le							es 🗆	Nie

# PHYSICAL EXAMINATION—Continued

#### TO BE COMPLETED BY EXAMINING PHYSICIAN

#### B. (2) TESTS (Continued) —Each of the following tests are to be administered to the candidate and the results submitted with the application.

Audio Testing — (should be performed in an ANSI approved "soundproof" booth (ANSI S3.1-1991) with equipment calibrated to ANSI standards (ANSI S3.6-1989.) If a booth is unavailable, the test room sound pressure levels should not exceed those specified in the Federal OSHA noise regulations (29 CFR 1910.95); (July 1, 1992 Edition).

Pulmonary Function Testing — A minimum of three acceptable FVC (Forced Vital Capacity) maneuvers must be performed and recorded. The best two FVC maneuvers must reveal results that are within 5% of each other. The best FEVI (Forced Expiratory Volume in One Second) are recorded and the FEVI/FVC ratio is then calculated. Additional spirometric functions may be performed if desired or indicated.

Chest X-ray—Posterior-anterior/lateral views — with interpretation by a radiologist required. Other diagnostic imaging, if indicated.

12 Lead ECG (resting) test — with interpretation by a cardiologist or other qualified physician. Other diagnostic testing, if indicated.

#### Laboratory Testing (minimum)

- Complete Blood Count
- · Blood Chemistries: fasting glucose, BUN, creatinine
- Liver Function: SGPT (ALT) SGOT (AST), GGT, LDH, Alkaline phosphotase, total protein, albumin, bilirubin (total)
- Urinalysis: S.G., blood, protein, glucose, ketones, bilirubin and nitrates required, microscopic evaluation required if any significant abnormalities above have resulted.
- HIV Testing if screening test positive, confirm testing with Western Blot analysis HIV antigen.
- Syphilis Serology
- Urine Drug Screen must test for at least marijuana, cocaine, opiates, amphetamines, PCP, benzodiazepines and barbituates. Testing must be
  performed in accord with the acceptable standards within the field of forensic toxicology and should adhere to all proper chain of custody procedures.
- TBc Skin Test applied and interpreted not to be done if there is a past history of positive PPD or pulmonary TBc.

(Name of Physician)	, a licensed physician, certify that I have performed the above tests on
	, a candidate for appointment to the(Police or Fire)
(Name of Candidate)	(Police or Fire)
department of(Name of	•
(Name of	City or Town)
	or have had administered the above-listed tests and examinations to appropriately complet rtify that I have attached hereto copies of the results of all of the tests identified herein.
his questionnaire, and that I further cer	ruly that I have attached hereto copies of the results of an of the tests identified herein.
Date	Licensed Physician
Date Physician's Identifying Information (I	
Physician's Identifying Information(F	Please Print)
Physician's Identifying Information(F	
Physician's Identifying Information(F	Please Print)
Physician's Identifying Information(F	Please Print)
Physician's Identifying Information (I Physician's NameMailing Address	Please Print)
Physician's Identifying Information (I Physician's NameMailing Address	Please Print)

# STATEWIDE BASELINE STANDARDS

YES	NO I	(Check each item)
		(1) Vision testing as follows:
		a. Far vision acuity:
		(1) Corrected binocular vision worse than 20/30;
		(2) Corrected vision of the worst eye worse than 20/50; or
		(3) Uncorrected binocular vision worse than 20/100, with the exception that long-term successful users
		of soft contact lenses do not have to meet this uncorrected standard.
		b. Color vision: An inability to identify red, green and yellow colors.
		c. Peripheral vision: Uncorrected field of vision less than one hundred forty (140) degrees in the horizontal
· .		meridian in each eye.
		(2) Hearing deficits: A hearing deficit in the pure tone thresholds (five hundred (500) Hertz, one thousand
		(1,000) Hertz, two thousand (2,000) Hertz, and three thousand (3,000) Hertz) in the unaided worst ear:
		<ul> <li>a. of more than rwenty-five (25) decibels in three (3) of the four (4) frequencies;</li> </ul>
		b. of more than thirty (30) decibels in any one of the first three (3) frequencies, or
		c. an average loss within the four (4) frequencies of more than thirty (30) decibels.
		(3) Communicable diseases: Any communicable disease or condition that poses a significant risk of substantial
		harm to the health or safety of the candidate, co-workers or members of the public with who the candidate with
		come in contact duing the course of employment.
		(4) Suddenly incapacitating diseases or conditions: Any disease or condition (physical or mental) that could
		incapacitate the candidate without sufficient warning to allow the candidate to take preventative measures,
		thereby imposing a significant risk of substantial harm to the health or safety of the candidate, co-workers, or memb
		of the public with whom the candidate will come in contact during the course of employment (unless such disease of
l		condition can be controlled by medication and the candidate affirms he or she takes the appropriate medication).
		(5) Alcoholism or illegal use of drugs as follows:
		<ul> <li>a. any history of alcoholism, unless the candidate has successfully rehabilitated for a period of at least one (1)</li> </ul>
		year, successfully passes an examination for alcohol usage, and the candidate affirms he or she is no longer
		engaging in the use of alcohol and has successfully rehabilitated for a period of at least one (1) year preced
		his or her application for employment.
		b. any history of illegal use of drugs or evidence of drug abuse, unless the candidate has successfully rehabilita
		for a period of at least one (1) year, successfully passes an examination for use of drugs or drug abuse, and the
I		candidate affirms he or she is no longer engaging in drug abuse and has successfully rehabilitated for a period
		of at least one (1) year preceding his or her application for employment.
applicant's pr ericans With	esent ability to sa	andidate's condition poses a significant risk of substantial harm will be based on an objective individualized assessment fely perform the essential functions of the job considering reasonable accommodations to the extent required under the Factors to be considered include the following: e risk.
2. T	he nature and sev	verity of the potential harm.
		it the potential harm will occur. the potential harm.
evant evidenc	e may include in	put from the applicant, the experience of the applicant in previous similar positions, opinions of medical doctors, cal therapists who have expertise in the disability involved, or direct knowledge of the applicant.

# PHYSICIAN'S EXPLANATION OF STATEWIDE BASELINE STANDARDS AND CANDIDATE'S AFFIRMATIONS

(Complete only if answered "Yes" on page 18.)

■ Communicable Diseases
Physician's Explanation (Identify the communicable disease or condition and describe its risk to the health or safety of the candidate, co-workers, or the public with whom the candidate will come in contact during the course of employment):
■ Sudden Incapacitating Diseases or Conditions
Physician's Explanation (Identify the sudden incapacitating disease or condition and describe the risk to the health or safety of the candidate, co-workers, or the public with whom the candidate will come in contact during the course of employment; indicate if disease or condition can be successfully controlled by medication and identify the medication):
Candidate's Affirmation:
I,, affirm that I take the appropriate medication, as identified above, to control the above described sudden incapacitating disease or condition.
DATE CANDIDATE'S SIGNATURE
■ Alcoholism
Physician's Explanation (Determine and describe whether the candidate has successfully rehabilitated for a period of at least one year and successfully passes an examination for alcohol usage (attach exam results)):
Candidate's Affirmation:
I,, affirm that I am no longer engaging in the use of alcohol and have been successfully rehabilitated for a period of at least one year preceding the date of my application for employment.
DATE CANDIDATE'S SIGNATURE
■ Illegal Use of Drugs  Physician's Explanation (Determine and describe whether the candidate has successfully rehabilitated for a
period of at least one year and successfully passes an examination for use of drugs or drug abuse (attach exam results)):
Candidate's Affirmation:
I,, affirm that I am no longer engaging in drug abuse and have been successfully rehabilitated for a period of at least one year preceding the date of my application for employment.
•
DATE CANDIDATE'S SIGNATURE

# **EXCLUDABLE CONDITIONS**

I have determined that, based upon the above tests and examinations,		either does or does
	(Name of Candidate)	-
not have the conditions as indicated (please explain all affirmative rest	ponses to each item on Addendum A):	

YES	NO	(Check each item)			
CARDIO	CARDIOVASCULAR-SYSTEM				
		A history of myocardial infarction.			
		<ol><li>Angina pectoris or other evidence of coronary artery disease.</li></ol>			
		<ol> <li>Arteriosclerotic heart disease.</li> </ol>			
		<ol> <li>Hypertrophy or dilation of the heart as evidenced by x-ray examination.</li> </ol>			
		<ol> <li>Pericarditis, endocarditis or myo- carditis unless the condition is now stable and unlikely to recur.</li> </ol>			
		6. Functional arrhythmias.			
		7. High blood pressure evidenced by any of the following:  a. Any blood pressure reading above one hundred fifty (150) millimeters mercury (for systolic).  b. Any blood pressure reading above ninety (90) millimeters mercury (for diastolic).  c. Use of anti-hypertensive medication.  However, if systolic and diastolic readings without medication are produced at levels lower than one hundred fifty (150) millimeters mercury (for systolic) and ninety (90) millimeters mercury (for diastolic) on three (3) consecutive days, high blood pressure shall not be an excludable condition.			
		Aneurysms and arteriovenous malformations.			
		9. Peripheral atherosclerosis or arteriosclerosis, including any of the following peripheral vascular diseases:  a. Intermittent claudication.  b. Buerger's disease.  c. A phenomenon of repeated thrombophlebitis.			
		Heart bypass surgery within the preceding ten (10) years.			
		11. Primary pulmonary hypertention.			
		12. Pacemaker implant.			
PULMON	ARY SYST	EM			
1		13. Bronchiectasis.			
		14. Bronchial asthma.			
		<ol> <li>Emphysema or chronic obstruc- tive pulmonary disease.</li> </ol>			
		16. Pulmonary fibrosis.			
		17. Pleurisy with effusion or empyema.			
		Continued on next page			

YES	NO	(Check each item)		
PULMONARY SYSTEM — Continued				
		<ol> <li>Any spontaneous pneumothorax unless the condition is not likely to persist or recur.</li> </ol>		
		<ol> <li>Any evidence of history of tuber- culosis, sarcoidosis or congenital cystic disease of the lung, active histoplasmosis or any other lung pathology, unless the condition is now stable and unlikely to recur.</li> </ol>		
		<ol> <li>Tumors or cysts of the lung, pleura or mediastinal.</li> </ol>		
RENAL S	YSTEM			
		<ol> <li>Evidence of existing renal calcu- lus or ureterovesical calculus, if symptomatic.</li> </ol>		
		22. A history of kidney stones. If there is a history of kidney stones, urological consultation must be sought in order to provide an estimate of the likelihood of the recurrence or long-term incapacitating symptoms. A candidate exhibiting a high likelihood of recurrence must be considered to have an excludable condition.		
		23. A person who has had a nephrectomy but with a functional remaining kidney will not be considered to have an excludable condition, provided there is no evidence of reduced renal function in the remaining kidney.		
		<ol> <li>Any chronic nephritis or nephrosis, hydronephrosis, pyelonephrosis, pyelotis, pyelotis, pyelotic disease of the kidneys.</li> </ol>		
		25. Urinary tract disease, whether or not the urinary tract has any sig- nificant abnormalities at this time, or whether any organic disease is present, or other related disorders adversely affecting the kidneys, excluding urinary tract infections.		
		26. Any proteinuria which is a result of renal disease.		
		27. Any malfunction of the urinary tract organs, congenital or acquired.		
		28. Polycystic kidney.		
NEUROL	OGICAL S	YSTEM		
		29. Any history of subarachnoid hemorrhage, cerebral aneurysm or any cerebral vascular disease, in-		
		Continued on next page		

# **EXCLUDABLE CONDITIONS—Continued**

YES	NO	(Check each item)		
NEUROLOGICAL SYSTEM — Continued				
		cluding any previous stroke with- in the preceding ten (10) years.		
		30. Hydrocephalus.		
		Abnormalities from recent head injury such as severe cerebral concussion or contusion.		
		32. Neurofibromatosis.		
		<ol> <li>Neuropathy, neuralgia including sciatica.</li> </ol>		
		<ol> <li>Any seizure disorders within the preceding ten (10) years.</li> </ol>		
		35. Parkinsonism.		
		36. Huntington's Disease (chorea).		
		37. Multiple Sclerosis.		
		38. Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease).		
GASTROI	NTESTIN	AL SYSTEM		
		39. Pancreatitis.		
		40. A history of chronic bowel disorders such as Crohn's disease and ulcerative colitis. A candidate with a history of a bowel obstruction within the preceding ten (10) years shall be considered to have an excludable condition unless the candidate is able to obtain a letter from the treating physician to the examining physician explaining the nature of the obstruction and what was done to cure it.		
		with impairment of liver function.  42. Cirrhosis and/or varices.		
		43. Inguinal or femoral hernia, hiatal hernia if symptomatic, or ventral hernia if symptomatic.		
		44. Intra-abdominal tumors or masses.		
		45. Any previous gastric resection unless there is sound x-ray evidence provided that there is little chance of recurrence of the condition which caused the first surgery.		
		46. Active gastric or duodenal ulcers unless the candidate is able to provide x-ray evidence that the ulcer is currently healed. A history of gastric or duodenal ulcers shall be treated the same as any such active ulcer unless the candidate is able to provide x-ray evidence that the ulcer is currently healed.		
		47. Any evidence of rectal or pro- static malignancy.		
		48. Anorexia Nervosa/Bulimia within three (3) years.		

YES	NO	(Check each item)		
EENT SYSTEM				
		<ol> <li>Any acute or chronic pathologi- cal condition in either eye or the adnexa of the eye.</li> </ol>		
		50. Nystagmus of the eye, uncorrected strabismus, glaucoma, and aphakia whether it is unilateral or bilateral, and active chorioretinitis should be considered for further examination by a qualified eye specialist to determine the likelihood and degree of future impairment.		
		<ol> <li>Cataract, retinitis pigmentosa, and any papilledema or tumor.</li> </ol>		
		<ol> <li>Any retinal exudate, hemorrhage or edema, or detachment of the retina.</li> </ol>		
		<ol> <li>Inflammatory disease of the retina, the globe, or the other structures within the globe.</li> </ol>		
	,	<ol> <li>Heterophoria, hyperphoria, esophoria, or exophoria.</li> </ol>		
HEMATO	LOGY/ON	COLOGY		
		<ol> <li>Any disease of the blood forming organs or of the blood.</li> </ol>		
		<ol> <li>Anemia with the hemoglobin lower than twelve grams per hundred cubic centimeters.</li> </ol>		
		<ol> <li>Polycythemia, leukemia or any other progressive diseases of the blood system.</li> </ol>		
		58. Hemophilia.		
		<ol> <li>Malignant melanoma or, if it has been removed, any evidence of metastic disease.</li> </ol>		
		<ol> <li>Hodgkin's disease, lymphadeno- pathy, lymphomas, or lympho- sarcomas.</li> </ol>		
		Any malignant tumor of any type, unless completely eradi- cated for at least ten (10) years.		
MUSCULOSKELETAL SYSTEM				
		62. Any active disease of bones and joints including active arthritis, osteomyelitis or marked deformity of the spinal column; including, but not limited to the following: history of laminectomy, amputation or deformity of a joint or limb, joint reconstruction, ligamenous instability, or joint replacement.		
		Herniation of an intervertebral disk.     Ankylosing Rheumatoid		
		Spondylitis.		
		65. Muscular Dystrophy.		

# **EXCLUDABLE CONDITIONS—Continued**

YES	NO	(Check each item)			
METABO	METABOLIC/ENDOCRINE SYSTEM				
		66. Diabetes requiring insulin or oral hypoglycemics. An individual with diabetes whose condition is effectively controlled by diet alone would not be considered to have an excludable condition. A candidate with a history of glucosuria or albuminuria must be considered to have an excludable condition unliess a report from the physician that treated the candidate can be obtained which assures the absence of diabetes mellitus.			
		<ol> <li>Addison's disease, splenomegaly, adenopathy, secondary to systemic disease or metatasis.</li> </ol>			
		68. Diseases of the adrenal gland, pituitary gland, parathyroid gland or thyroid gland of clinical sig- nificance.			
		<ol> <li>Nutritional deficiency disease or metabolic disorder.</li> </ol>			
MISCELLANEOUS					
		<ol> <li>Any current fistula, either con- genital or acquired including tracheostomy.</li> </ol>			
		<ol> <li>Peripheral edema-determine the cause and identify the disquali- fying disorder (attach report).</li> </ol>			

YES	NO_	(Check each item)			
MISCELI	MISCELLANEOUS — Continued				
		72. Recurrent syncope.			
		73. Alcohol or drug abuse within five (5) years.			
		<ol> <li>Auto Immune Disorders inclu- ding, but not limited to the fol- lowing: Rheumatoid Arthritis and Myasthenia Gravis, derma- tomyositis, or scleroderma.</li> </ol>			
		75. Lupus Erythematosus.			
		<ol> <li>Obesity of such a degree so as to interfere with normal activities, including respiration.</li> </ol>			
		77. Acquired Immune Deficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) positive, as determined by a blood test.			
		78. Sexually transmitted diseases should be considered for further examination by a qualified medi- cal specialist to determine the likelihood and degree of future impairment.			
		79. Narcolepsy.			
		80. Organ transplant.			
	,				

Date:	Licensed Physician:
Physician's Identifying Information (Please Print)	
Physician's Name	
•	
Mailing Address	
•	
Telephone	
Number issued by Medical Licensing Board	
Doard by Medical Licensing Board	

# EXCLUDABLE CONDITIONS—Addendum A

#### TO BE COMPLETED BY EXAMINING PHYSICIAN

Please record explanations below for all affirmative responses to items listed as an excludable condition. (Please Print or Type)

Item #	Explanation
-	
	(If needed, please attach additional sheets for your explanation.)
	(if needed, please attach additional sneets for your explanation.)

# EXCLUDABLE CONDITIONS—Specialist's Information

#### TO BE COMPLETED BY EXAMINING PHYSICIAN

If any items are answered affirmatively, has the appropriate specialist's report been obtained and included in the candidate's application package? (Please complete the following for each of these items that have been answered affirmatively.)

Specialist Inclu	's Report ded?	Excludable Condition Item #	Specialist's Name and Address
Yes	No		

#### CERTIFICATION RE: BASELINE STATEWIDE MENTAL EXAMINATION

Indiana law mandates administering a mental examination to all candidates to determine if the candidate is mentally suitable to be a member of the department. The mental examination prescribed is the Minnesota Multiphasic Personality Inventory ("MMPI"). (This section is required to be completed before PERF can process the candidate's application; copies of the results of the mental exam are not required to be sent to PERF.) , a licensed (physician, Ph.D. psychologist), have interpreted (Physician/Psychologist) the results of the statewide mental examination (the "MMPI") and have determined that the named applicant has passed the standards established by the local board. (Name of Candidate) DATE \_\_\_\_\_\_ SIGNATURE \_\_\_\_\_ Physician's or Psychologist's Identifying Information (Please Print) Mailing Address Telephone \_\_\_\_\_ Number issued by Medical Licensing Board LOCAL BOARD'S CERTIFICATIONS Board ("Board") has determined that (Local Board Name) (Name of Candidate) (1) passes the local physical and mental standards, if any, established by the appointing authority for the department; (2) has been determined to be mentally suitable to be a member of the department after being tested using the baseline statewide mental examination ("MMPI"); and (3) has successfully met all minimum criteria for the baseline physical examination; and (4) has been determined to meet the physical requirements to be a member of the department by virtue of having passed said physical and mental standards. The Board certifies that the statewide mental examination prescribed by the PERF board was appropriately administered and that the results of the examination were interpreted by a licensed physician or a licensed Ph.D. psychologist. The Board has attached hereto copies and certification of the results of the physical agility examination required by law, and certification of the results of the baseline statewide mental examination. The Board further certifies that the candidate has satisfied any aptitude, physical agility or physical and mental standards established by the appointing authority.

BOARD MEMBER:	Telephone:
Pension Secretary:	Telephone:
Date:	

# APPOINTING AUTHORITY'S CERTIFICATION

I he appointing authority for the certifies that it has adopted (Name of City/Town Department)
standards for physical agility tests and has administered the tests to
(Name of Candidate)
who successfully passed the standards. These results have been certified to the local board.
The appointing authority further certifies that it caused to be administered the baseline statewide physical examinations required by law, that the examination was administered by a licensed physician, and that the candidate successfully met all standards and passed said examination. The appointing authority further certifies that no medical exam was performed upon the candidate prior to a conditional offer of employment. The appointing authority further certifies that at the time of the conditional offer or employment, the candidate completed the attached "Statement of Understanding."
The appointing authority certifies that, with respect to the Statewide Baseline Standards, reasonable accommodations have been made to enable the candidate to successfully perform the essential functions of the job and/or eliminate or effectively reduce the direct threat that would be caused by the presence of the following disease(s) or conditions(s):
In addition to the statewide required standards, the appointing authority has established the following additional standards as a condition of employment:
The appointing authority further certifies that has passed the locally prescribed standards and the test results for these standards have been certified to the local board.
Date Appointing Authority Telephone

Approved by the State Board of Accounts, 1993 State Form 4928 (R4/9-99)